



Kaitaia Intermediate School

45 North Road

Kaitaia, 0410

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Website: www.kis.net.nz

Principal: Susan Arrell

**“Confident, connected, actively involved, lifelong learners
who demonstrate respect, responsibility and form positive relationships”**

12 October 2016

Tena koutou katoa. Greetings to you all.

Welcome back to the last term of 2016. I hope you all had a chance for some family time over the holidays. Everyone seems to be pleased to be back at school and getting on with the job of learning and teaching. Once again term 4 will be a very busy one.

This term is ten weeks long and school will be **closing on Thursday 15 December** for the Christmas holiday break. We will return to school on Tuesday 31 January 2017.

I have included the dates for the Y8 ball and the prize giving's in the important dates to remember to allow you to plan for the end of year events.

Positive Behaviour for Learning (PB4L)

At Kaitaia Intermediate School we develop positive relationships and become successful learners by:

- Staying *safe*
- Showing *respect*, and
- Being *responsible*

PB4L Focus – Wearing the Correct Uniform

In all situations

- ◆ Students will wear the correct shoes and socks with black track pants (winter uniform)
- ◆ Students will wear the school jacket, sweat shirt or polar fleece
- ◆ Students will wear the school bucket hat in terms 1 and 4 for all outside activities - morning tea, lunch, P.E. etc
- ◆ Students will wear the correct P.E gear—black shorts and blue P.E shirt

Show respect

- * I will wear my correct uniform with pride

- * I will only wear my school jacket, sweat shirt or polar fleece
- * I will wear the correct school bucket hat
- * I will wear the correct P.E gear

Act Responsibly

- * I will ensure my uniform is clean and tidy
- * I will keep my school jacket in a safe place to wear when needed
- * I will make sure my P.E uniform is clean for P.E and for other sporting events
- * I will keep my school bucket hat in a safe place
- * I will make sure that my school uniform is named

Be Safe

- * I will wear warm clothes to prevent illness
- * I will keep myself dry if it rains by wearing rainwear
- * I will wear my school bucket hat in Term 1 and Term 4

Summer Uniform

This term we return to the summer uniform. That means that no long trousers may be worn. The uniform is –

Girls:

- cullottes
- white polo shirt
- school sweatshirt
- school jacket
- black sandals or black lace up shoes with white socks.

Boys:

- grey drill shorts
- grey or white polo shirt
- school sweatshirt
- school jacket
- black sandals or black lace-up shoes with grey socks with double royal blue band.

All students must wear the blue school bucket hat for all outside activities. Our school will be selling hats with our logo on them for \$10.00. Hats without logos are also available from Postie Plus and The Warehouse.

Contributing School Visits

Each year Ms Quinn or I visit our contributing schools with two Y8 students to speak to the Y6's to better prepare them for Y7 and 8 at KIS. The students also sit short asTTle tests in reading and writing. We follow this with a catch up testing day at KIS for any students who miss our visit to their school. We invite students from any other schools who will be attending KIS in 2017 to come along and take part as well. If you are aware of any students who intend coming to KIS would you, please let them know that we will be doing this on **Tuesday 8 November at 12 o'clock following the Y6 Orientation activities.**

Year 6 Orientation Day at KIS

The orientation day at KIS will be held in Week 5 on **Tuesday 8 November at 10.30 a.m.** All students from all schools will be welcomed on the same day. We will have one speaker, the students will be shown around the school and then they can have a swim (weather permitting) and a sausage sizzle.

Canteen Closure

The canteen will not be operating this week.

Important Dates to remember:

14 Oct	Room 14 Food Stall
17 -20 Oct	Room 8 Camp
19 Oct	Room 16 Assembly
24Oct	Labour Day
26Oct	KIS Athletics
28Oct	R8/9 Surfing
8Nov	Y6 Orientation Day
9Nov	R14 Food Stall
12Dec	Y8 Ball
13Dec	Minor Prize giving
14Dec	Major Prize giving

Ka kite ano

S. Arrell

Sue Arrell,
Principal



USING EGGS IN THE LUNCHBOX

Eggs are an easy, healthy and affordable addition to the lunchbox

Did you know?


- As a good source of protein, eggs help keep you fuller for longer and are good for growth and development of children and adolescents
- Eggs contain all the essential amino acids, for healthy bodily functions
- Eggs contain 11+ vitamins & minerals
- Hard boiled eggs will keep, in their shells in the fridge, for up to a week
- With vegetables, eggs make a great quick and easy meal, for either family dinners or lunchboxes

Ways with eggs

- Sandwich fillings
- Hard-boiled for snacks
- Quiche or frittata
- Vegetable fritters or egg pancakes



For more information and recipes visit: www.fuelled4life.org.nz



Diwali

Diwali is a significant festival in India's culture which is celebrated on **30th October** this year.

It is a festival of lights where houses are decorated with candles and colourful lights. Fireworks displays are also held and families share gifts and feast together.

Chapati Recipe:

Try this easy chapati recipe. It's tasty and goes well on the side of your favourite dishes or with a chutney.


Ingredients:

- 1 cup wholemeal flour
- 1 cup plain flour
- 1 teaspoon salt
- 1 tablespoon olive oil
- 1 cup water

Makes: 10 -16

Method

Mix all ingredients together and knead well. Leave to rest for 1 hour. Divide dough into pieces. Roll out thinly using extra flour. Cook in a dry pan (medium heat) for 30 secs - 1 minute each side. It is ready to turn when the surface begins to bubble slightly or forms light brown spots. Serve and eat!



For more recipes, visit: <http://www.fuelled4life.org.nz>

After School Football Programme

Start Date: Oct 17

End Date: Dec 9

Monday's – Taipa Area School

Wednesday's – Kaitaia Intermediate School

Friday's – Ahipara School

3.30 p.m. – 4.30 p.m. 5yrs +

Cost: \$80 for the term

Register at: footballmaniafarnorth@gmail.com

Or

Contact Paulo: 021 069 1762

Find us on Facebook: Football Mania