



Kaitaia Intermediate School

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Kaitaia

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Principal: Susan Arrell

“Confident, connected, actively involved, lifelong learners”

Tuesday 15 March 2016

Tena koutou katoa. Greetings to you all.

Easter Holidays

Easter falls outside of the school holidays this year. The school will be closed on Good Friday 25 March, Easter Monday 28 March and Tuesday 29 March. School reopens on Wednesday 30 March.

April School Holidays

School closes for the April School holidays on Friday 15 April and reopens for Term 2 on Monday 2 May.

Positive Behaviour for Learning (PB4L)

At Kaitaia Intermediate School we develop positive relationships and become successful learners by:

- Staying, *safe*
- Showing *respect*, and
- Being *responsible*

PB4L Focus

Act appropriately in assemblies and receive certificates and awards with pride:

The students will behave responsibly, safely and respectfully at **all** assemblies. This includes before and after assembly.

Receiving a certificate:

- Hold head high, walk with confidence
- Shake hands with the presenter
- Stand up straight with pride

Be a good audience

- Listen politely and sit still
- Look at the speaker
- Clap appropriately

Show respect

- Listen politely and sit still
- Look at the speaker
- Clap appropriately
- Shake hands with the presenter
- Stand up straight with pride

Act Responsibly:

- Hold head held high and walk with confidence
- Stand up straight on the appropriate mark

Be Safe:

- Assemble immediately in the correct place when emergency bell sounds
 - Listen to teacher or adult
- Follow directions quickly and quietly

Saint Patrick's Day Mufti –Thursday 17 March

On Thursday 17 March the Councillors are holding a St Patrick's Day mufti. So come on everyone, find your four leaf clovers and leprechaun outfits. There is no charge to wear school uniform and it is \$2.00 to wear mufti. There will be prizes for the best dressed. The money raised goes to the Kaitaia Food bank.

Duffy Role Model Assembly Wednesday 30 March

The Duffy Role model assembly is on Wednesday 30 March at 9 a.m. Ray Bishop

CV: Musician and entertainer Ray Bishop is originally from Tokoroa and attended Tokoroa High School. Ray now lives in Auckland and in 1980 he wanted to build an academy to support the dreams and aspirations of young people through singing and role play. In 2011 he created the iDream website and then went on to travel from Kaitaia to Invercargill and introduced 50 schools and 50 public libraries to the iDream Programme. Ray also

facilitates workshops and music concerts to help young people chase their dreams and make positive and healthy choices in life.

See <http://theidreamproject.com/> for more information.

Social Worker in School

My name is Anna Tan, and I am the SWiS (Social Worker in Schools) at Pompallier Catholic School. I was born and raised here in the Far North and love being able to work in and amongst our community. I'm passionate about seeing our young people and their whanau empowered and supported so that they can achieve the best outcomes.

What's the purpose of a SWiS?

The role of SWiS is to enhance the lives of children through removing any social barriers to educational outcomes. It's a free service that will support your child and whanau to learn, grow and thrive.

What does a SWiS do?

A SWiS is someone whom your child can talk to. We work in partnership with the child, whanau and school, to build on your whanau strengths.

Some of the things we may be able to help your child with:

- bullying at school
- relationships
- family relationships
- behavioural concerns
- parenting
- social skills, self-esteem and confidence
- referrals to other services

Like to make a referral or find out more?

Please talk with your child's teacher, Principal or contact me on 0226949432 or annat@terarawa.co.nz



UNSW EXAMS

If your child is interested in participating in the University of New South Wales (UNSW) exams and has not received a form, please see us in the office. Applications close on Wednesday 30th.

Disruption to our Telephone Service

Currently we are experiencing problems with our phones between 8 – 9 a.m. If you are having trouble contacting us, please take advantage of our texting service (text your message to **2807**) and we will get back to you as soon as possible. A technician is trying to rectify the problem!

Illness

We have had quite a few children away from school with vomiting/diarrhoea. If your child says they are feeling unwell please keep them home as we need to try and get on top of this bug!

K.I.S. Swimming Sports Results

	First	Second	Third
Year 7 Freestyle Boys	Ellazae Pukeroa	Jayden Murray	Mana Karena-Waenga
Year 7 Freestyle Girls	Summer Pukeroa	Sharee Harris	Crystal Wikaira
Year 8 Freestyle Boys	Kian Simeon-Green	Levon Pure	Kahrn Ormsby
Year 8 Freestyle Girls	Nadine Witana	Krestin Ginty-Naera	Taylor Bratton
Year 7 Backstroke Boys	Jayden Murray	Mana Karena-Waenga	Jay-Te Morgan
Year 7 Backstroke Girls	Allegra Austen-Reid	Summer Pukeroa	Ella Hilton-Jones
Year 8 Backstroke Boys	Levon Pure	Pounamu Nathan	Kaaniturei Tukariri
Year 8 Backstroke Girls	Nadine Witana	Krestin Ginty-Naera	Moanaroa Witana
Year 7 Breaststroke Boys	Jayden Murray	Todd Sparksman	James Pari
Year 7 Breaststroke Girls	Alexis Pure	Jodeci Taniwha	Moengaroa Tangimetua
Year 8 Breaststroke Boys	Max Donnelly	Levon Pure	Lance Rangitawa
Year 7 Breaststroke Girls	Moanaroa Witana	Nadine Witana	Reese Puckey
Open Butterfly	Nadine Witana	Moanaroa Witana	

Haka Off Challenge

Tomorrow lunchtime those interested in participating in the Haka Off challenge will meet for the first time with Mihi Henare who has very generously given up her time to assist our students in preparing them for Matariki. On behalf of the staff and students we wish to thank Mihi for her time and effort with this. We also wish to thank Paulette Lewis & Wiremu Sarich for their time and knowledge being shared in the tutoring of Ki O Rahi and Horo Hopu for this tournament challenge. Participation in the Matariki events do count towards students' honours Culture points so we encourage all students to partake in at least one of the three challenges available. For further information please contact Sheree or Latecia

Important Dates to remember:

16 March	Board of Trustees meeting
17 March	St Patrick's Day Mufti
23 March	Zone Swimming Sports
25 March	Good Friday
28 March	Easter Monday
29 March	School Easter Tuesday
30 March	Duffy Role Model Assembly
30 March	UNSW applications close

Ka kite ano

Sue Arrell
Principal

Project Energize

EGG-CELLENT EGGS

SCRAMBLED EGGS

A great breakfast, lunch or dinner. Add some veggies to make you GLOW.

- 2 eggs
- 2 Tbsp milk
- Salt & pepper

Beat eggs & milk in a microwave-proof dish. Cover, leaving a small hole for steam. Microwave for approx. 2 mins, stirring regularly. Serve on wholemeal toast.



Developed by Sport Waikato 2015

EGG-CELLENT EGGS

EGG-CELLENT START TO THE DAY!

Eggs are a great breakfast choice

- Poached
- Hard-boiled
- Scrambled
- Frittata

The protein will help you feel fuller for longer.



Developed by Sport Waikato 2015

EGG-CELLENT EGGS

BOILED EGG WITH VEGETABLE SOLDIERS!

- 1 soft-boiled egg (5-6min)
- ½ carrot chopped into sticks
- ½ capsicum cut lengthwise
- 1 piece wholegrain toast

Boil egg, prepare vegetables, cut toast into soldiers. Dip them into your egg!



Developed by Sport Waikato 2015

EGG-CELLENT EGGS

FRENCH TOAST

- 4 eggs
- 4 Tbsp low fat milk
- 1 pinch cinnamon
- 1 Tbsp margarine
- 6-8 slices toast bread
- Fruit e.g. sliced banana, berries

Mix eggs, milk & cinnamon in a bowl. Heat margarine in a pan. Dip bread (1 at a time) into the mixture, coating both sides. Put in pan & cook for 2-3 mins on each side until golden. Serve warm with fruit.



Developed by Sport Waikato 2015